



January 16–18, 2011

Legacies of the Heart: Creating Touchstones for a Life of Meaning

**Margaret L. Newhouse and
Donna M. Krone**

The dawn of a new decade is the perfect time to give yourself and/or a friend the gift of restful reflection and revitalizing focus. Come explore in this highly experiential two-day workshop and find answers to the fundamental life question: “what does it mean to make the most of this gift of life?”

Donna Krone and Meg Newhouse create a warm, inviting, sacred space that allows you to hear and act on your soul's yearning and encourages openness, connection, and playfulness. You will

- Discover the joy that comes from allowing your heart to open wide
- Learn to more fully express your fundamental essence
- Uncover the mystery of how purposeful legacies heal and transform you and the people you touch
- Know the deep satisfaction that comes from embracing the past and connecting powerfully to the future through legacies of the heart.

Through individual, pair, and group exercises invoking multiple ways of knowing, you will clarify your life purpose, appreciate the impact of legacies in your life, and begin a legacy letter project. You'll leave this program changed, inspired, and carrying tangible blessings for future generations.



Margaret (Meg) Newhouse, MAT, PhD, CPCC, is a nationally known pioneer in Third-Age LifeCrafting. As an experienced workshop leader, program designer, life coach, and writer, she helps people create vital, fulfilling lives that express who they are and how they want to contribute. She is currently writing a book on purposeful legacy. www.passionandpurpose.com



Donna Krone, CPCC, CTPC, is the founder of Sacred Conversations™, an organization focused on transformational programs in the area of life purpose, leadership and legacy. Formerly a registered nurse and financial advisor, she brings a wide perspective to her distinctive programs on legacies of the heart, which she presents nationally. www.sacredconversations.com



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